

Lucky
Programme

0451

COLCHESTER UNITED



*Layer Road Larry
Heads U'S
Drive to Division Two*

TODAYS VISITORS

SWINDON TOWN

25p

FOOTBALL LEAGUE DIVISION III

Friday 31st August 1979

Kick-Off 7.30 pm



Harpers Sports. Col 65451



Gone West

Cesspools and Non-Notifiable Wet Waste
Clearance undertaken
Builders' and Industrial Waste, etc.,
cleared by Bulk Container Service

201 London Road
Stanway
Colchester, Essex

Telephone Colchester 210398

RONALD F. WEST LTD.

Co-op neighbourhood shopping — conveniently yours!

....when you shop at your local Co-op, because you can buy just about everything you could ever need from us. With branches throughout Colchester and East Essex, you'll never be far from the honest value and reliability of Co-op shops, stores, supermarkets and services.



COLCHESTER & EAST ESSEX CO-OPERATIVE SOCIETY LTD.
Telephone Colchester 77751.

WHATEVER THE SPORTING EVENT.....
EVEN THE SPECTATORS CAN SCORE!

- * AT AN AWAYDAY MATCH
- ** WITH A WEEKS HOLIDAY
- *** OR A CONTINENTAL TOUR

With a 41, 45 or 53 Seat Luxury Coach or a 70 Seat Double Decker

From

G W OSBORNE & SONS

6 EAST STREET, TOLLESBURY, ESSEX. Tel: 214 or 215

*Suppliers of the executive team coach to Colchester United F.C.
Providers of weekday bus services to Colchester via three routes*





**COLCHESTER UNITED
FOOTBALL CLUB LIMITED**
LAYER ROAD
COLCHESTER, ESSEX
Telephone: (0206) 74042
(Development Office) (0206) 47754

Patron
ANTONY BUCK, Q.C., M.P.

President
R.G.R. CHAPMAN, F.R.I.C.S.

Chairman
JACK W. RIPPINGALE

Directors
MAURICE J. CADMAN
NIGEL F. FITCH
HARRY H. PIPER

Manager, BOBBY ROBERTS

Coach, RAY HARFORD

Physiotherapist, RAY COLE

Secretary
Mrs BETTY SCOTT

Hon. Physician & Surgeon
Dr. PETER SNELL

Orthopaedic Surgeon
Mr. RICHARD TODD, F.R.C.S.

Commercial Manager
EDDIE J. KEEGAN

Development Manager
REG. D. JONES

Programme Designed & Edited by
EDDIE J. KEEGAN

LAYER ROAD LARRY
© C.U.F.C.



BOBBY ROBERTS



A side that very narrowly missed out on promotion last season, Swindon Town, come here tonight no doubt hoping to do slightly better this time and get into the division's top three.

They certainly look well equipped in all departments, and after selling Steve Aizlewood last season, straight away recruited the experienced Billy Tucker from Bury. A true club man if ever there was one, he is there to add steel to the defence for manager Bobby Smith.

Swindon are a vastly entertaining side and really look capable of tearing apart the best of defence in our division. With players like Alan Mayes and Andy Rollins up front, our defence will have to be right on their toes tonight as we go all out to gain another two points.

This game, is of course, sandwiched between the two League Cup ties with Aston Villa, but our players need no reminding that the League is the all-important thing as far as we are concerned, and points gained during this early part of the season can be a tremendous bonus in the latter stages.

125 Years in the Music Business

1854 - 1979

KAWAI Electronic Organs

FOR THE BEGINNER
& THE CONNOISSEUR
PRICES FROM £499

OLD WORLD CRAFTSMANSHIP
A NEW WORLD OF DIFFERENCE



MANNS MUSIC SHOP

HIGH STREET
COLCHESTER Reliability & Value
TEL: COL. 72783



WELCOME

SWINDON TOWN

Swindon Town, close-up near-miss outfit of last season, are bound to be among the fancied hopes again this time. Manager Bobby Smith made two close season buys, backmen Billy Tucker from Bury, and John Templeman from Exeter.

Top scorer last season was Chick Bates with 14 goals. He had 160 League games with Shrewsbury before going to the County Ground in January, 1978. The other main striker is Andy Rowland, formerly with Bury and a big-money signing last February was the well-known former Watford goal-man Alan Mayes.

Goalkeepers are Jimmy Allan (183 League appearances) and Chris Ogden, ex-Oldham.

At the back, in addition to newcomers Tucker and Templeman, there are Andy Ford (from Southend), Ken Stroud, one of the longest-serving members of the

staff, making his debut in 1970-71 and Russell Lewis.

There is plenty of power and experience in the mid-field. Roy Carter, last season's Player of the Year, was first with Hereford, Chris Kamara, who made a mark first at Portsmouth, Brian Williams (like Rowland from Bury) much-travelled Ray McHale and last but not least Bryan Hamilton well-known in these parts when he was with Ipswich Town.

Up front, apart from Bates, Rowland and Mayes, there are Paul Gilchrist who won an FA Cup medal with Southampton in 1976, and Ian Miller, ex-Doncaster.

Back Row L to R: Wilf Tranter (Coach), Brian Williams, Kenny Stroud, Russell Lewis, John Templeman, Jimmy Allan, Kevin Roberts, Chris Ogden, Andy Ford, Billy Tucker, Chris Kamara, Roy Carter, Bob Smith (Team Manager). Front Row L to R: Bryan Hamilton, Paul Gilchrist, Chic Bates, Ray McHale (Captain) Ian Miller, Alan Mayes, Andy Rowland.



Does your bank offer you these benefits?

★ **Convenient opening hours** – when the shops are open, Monday to Saturday.

★ **FREE current accounts** – without any complicated clauses on minimum credit balances.

★ **TERM DEPOSITS**
* Deposit from £250 for one, two, three, four or five years.

Western Trust & Savings Limited

Open:
Monday to Friday
9 am – 5.30 pm
Saturday 9 am – 4 pm

★ **PERSONAL LOANS**
* £300 to £3,000 without security.
* For tenants and homeowners.
* Valuable insurance protection to cover repayments in case of unemployment, sickness or accident.
* Repayments that can be varied to suit you – so you control the repayment period.

* Interest rates **FIXED** at highly competitive levels for the complete deposit period.
* Interest paid monthly or half-yearly – without deduction of income tax.
* Special rates for deposits of £5,000 and over.

It all adds up to a different kind of banking service – more suited to your individual needs, more personal and above all, it makes your money go further. So, whatever your money needs, call in at your Western Trust branch:

104 High Street, Colchester. CO1 1TH. Tel: (0206) 63372/3



Western Trust & Savings Ltd.

A MEMBER OF THE ROYAL BANK OF CANADA GROUP

Table Talk

NEWS AND VIEWS IN AND AROUND DIVISION III

Blackburn Rovers are going to be one of many star-turn attractions in the Division. They parade Duncan MacKenzie and Howard Kendall no less. He is the new player-manager after such a splendid, top-level career with first Everton, and then Stoke City.

A Cup finalist for Everton in 1968 the then young Kendall played of course at Goodison when Everton ended the U's 1971 Cup run after Leeds. Certainly, his visit to Layer Road when Rovers come on March 8th next is going to be quite something.

Blackburn disappointed somewhat, though, in the initial League game. They were held to a 1 - 1 draw by the very youthful Millwall side that manager George Petchey thinks might go places.

No doubt where the big excitement occurred on the first day of the League season. For the all-Yorkshire clash between Barnsley and Sheffield Wednesday, 22,360 crammed into Oakwell to revive glory day memories. But it wasn't a happy ending for Alan Clarke's squad as Wednesday, following up their Football League Cup first-round defeat of Hull City, won 3 - 0. One of the goals came from Andy McCulloch, much-travelled striker, who cost £60,000 from Brentford. Another Jackie Charlton summer snip, Ian Mellor, from Chester, also scored.

Wednesday, fourteenth last season, and headliners when they played Arsenal in an FA Cup marathon, will surely be thereabouts at the close. There's a mass of talent on the Hillsborough books.

But, as they say, money is not everything. Hull City spent £75,000 on one player, Trevor Phillips, from Rotherham. Yet our home-spun lads went to Boothferry to win 2 - 0!

What a fillip for the boss. Remember, last season, we went deep into the second half of the campaign before scoring that elusive first away League win at Swindon. Now, here we are with one in the initial outing!



Early form might be misleading but Wednesday, due here next by the way on Saturday, September 15th, Plymouth Argyle and Sheffield United could emerge early favourites for honours. Grimsby Town, who had such a rip-roaring Fourth Division campaign, could be dark horses.

But it's a funny game. Oxford United, smarting after being ousted from the League Cup by Reading, slammed Rotherham 5 - 1 at Manor Road. And Rotherham, after all, had put Leicester City out of the Cup!

A striker plucked from the non-League circuit, Mike Tuohy, scored Southend United's winner against Carlisle. Tuohy came from Redditch.

Plymouth's goals in their 2 - 0 opening over Bury came from that ageless Peter Pan, Fred Binney. What a marvel the man is and what a bargain Argyle got when they signed the happy wanderer 18-odd months ago.

Of the four up from Division Four, Grimsby, 4 - 1 victors over Exeter did best. Shaker for Wimbledon, beaten 3 - 2 by Chester at Plough Lane, but these are early days yet.

Scott's for VAUXHALL

BEDFORD

OPEL

FOR
SALES & SERVICE
TEL: COLCHESTER 61333

FOR PARTS DEPARTMENT TEL: COLCHESTER 46141

BUDGET SELF DRIVE COLCHESTER 5591

IPSWICH ROAD
COLCHESTER



A Member of the George Ewer Group





ACTION REPLAY



Above: Hardworking Bobby Hodge out climbs Watford's Ian Bolton during the League Cup first leg game at Layer Road.

Left: As Watford striker Luther Blissett shields the ball U's defender young Steve Wright shows his determination to break down one of the few Watford attacks on goal.



Willhire

Get you there in style

NEW CARS, VANS, TRUCKS AND MOTOR CARAVANS
ARE ALWAYS AVAILABLE
from Willhire. Minis, Escorts, Cortinas, Capris and Granadas
(including automatics). Transit vans and trucks, plus autohome
5-berth motor caravans.

ROTA HOUSE COWDRAY AVENUE
COLCHESTER
47888

RED WINGS GARAGE
RAINSFORD LANE
CHELMSFORD
65853

KEEGAN'S KOLUMN



'As a striker in professional football golden opportunities to score goals rarely come along', says U's skipper Bobby Gough, but with the Roman Quicksilver and Criss Cross U's golden cash opportunities are open to everyone who buy our tickets, whether you win £1000 or £50, the U's lotteries are the best value for money around.

Bobby, never a man to miss an opportunity says it is nice to hear when our supporters win one of the big prizes because he believes that our agents, people who buy the tickets and the Club can be yet another team

working towards the success of the U's, 'They must be good value' says Bobby, 'because our objective is to have all the winners in Colchester'. Let our tickets bring a smile to your face by winning one of over 3,500 prizes available with the U's lotteries and do not forget the money goes towards improving club facilities.

CAN YOU – Sell to your friends
Sell to your workmates
Make money making money

Ring the Development Department, Colchester 47754

**FOR NEWS OF THE 'U's'
AND MATCH REPORT
GET**

East Anglian Daily Times

Be A Better Player

By **RAY HARFORD**
United's Coach

The recent story of a racehorse that ate a Mars bar shortly before the race - and flashed round the track to an easy win, highlights the new thinking as regards what footballers should have for their pre-match meal.

The idea is to give them instant energy and dieticians have recently found that the footballers traditional choice of steak, fish or chicken does not provide this.

Steak and chips and such are fine to build your body and energy up slowly - you probably get the benefit a few days after eating them - but what a footballer wants is a quick burst of energy to take him through the match.

As our four-footed friend found, chocolate is one of the best ways of getting this instant energy and is now often included in the pre-match meal. Also very good is tinned fruit without cream (because it curdles), toast with jam or honey and even cornflakes.

The idea is to have foods containing a lot of protein, and another way of getting this is to eat mince and mashed potatoes without, of course any seasoning. The mince requires little chewing, so is quickly digested, and you are also getting your supply of meat.

Things to avoid before matches are starchy things like puddings, bread, cakes etc.

This new diet seems to be working well for us at Layer Road at the moment.

Having talked about diet this week and fitness or condition work last week it is important to be able to handle injuries which might come about.

Obviously if a player is overweight through eating starchy foods and is carrying too much surplus weight it is unavoidable he will get strains of the muscles as the body is not able to compensate for the extra weight.

With pulled muscles, strains or severe bruising, the best remedy for quick healing is to put the injured area in ice or cold water and if possible to keep off it for 24 hours. The ice will stop internal bleeding

which results in swelling. Once the bleeding has been stopped and the swelling kept down then it is time for heat and cold alternatively to bring the bruising to the surface, from then on time and Ultra Sonic treatment will disperse all the bruising.

I hope my tips will come in handy for local players.



Don't Be Caught Offside Score with LUMLEY Insurance

(Underwritten by the world famous MUTUAL OF OMAHA INSURANCE CO.)

- * No discrimination for past record for new clients.
- * Prompt claims settlements at fortnightly intervals
- * Cover includes, organised training and travel, 13 players and 3 officials on matchdays
- * Discounts for leagues or second teams.

Death, Permanent, Total Disablement, Loss of eye or limb £500
Weekly benefit payable for maximum of 104 weeks £5
Premium per team - £25 (7day excess) or £20 (14 day excess)
Benefits (Maximum £3000/£30) at proportionate premium.
Public liability Premium £5 per team (Indemnity Limit £1000,000)
(£7.50 for £250,000)

EDWARD LUMLEY (EAST ANGLIA) LIMITED

A member of the British Insurance Brokers' Assoc.

North Castle House, North Station Road, Colchester, CO1 1YS. (0206) 46262/63829 Telex: 987233

- * Please send details of your Insurance Scheme
- * We enclose remittance of and await Policy

Name of Club.....

Name & Address of Secretary.....

Number of Teams.....

Please (*do not) include Public Liability

Rate of Benefit.....

Signed.....

* Please delete where inapplicable

E.J.P. (Engineers Supplies) LTD.

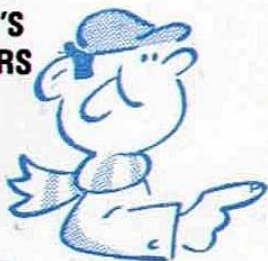
6 East Street Braintree Essex

**LARGE STOCKS OF CUTTING TOOLS
ENGLISH & METRIC SIZES**

Telephone: Braintree 23445 (3 lines)

Faces in the Crowd

**LAYER RD LARRY'S
LUCKY SUPPORTERS**



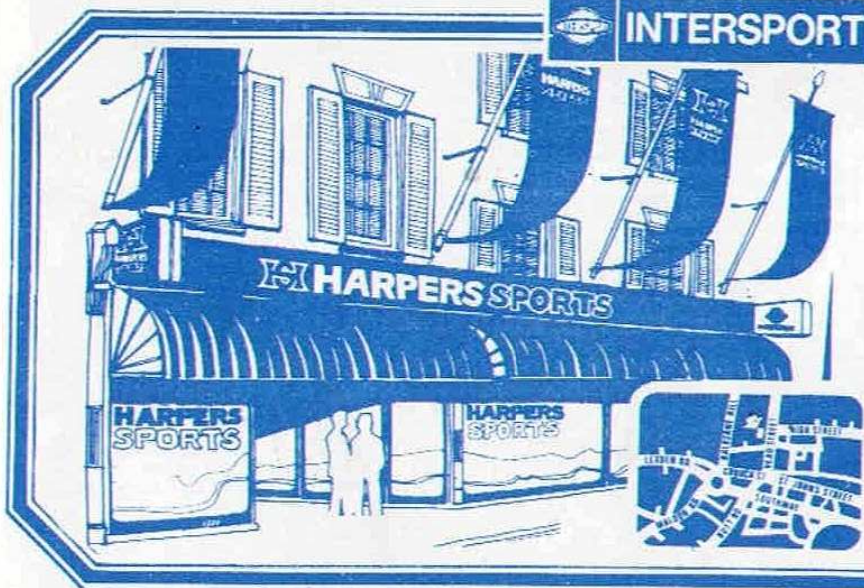
Every week Larry will publish a crowd photograph of his fellow supporters at Layer Road. To the fans whose faces have a white circle round them Larry will present you with a Lucky Supporter £1. Just bring your programme to the Commercial Office and claim your prize. Three Lucky Supporters will win every home game.



Photo: Leader Group Newspapers

Prizes must be claimed before September 15th.

INTERSPORT



**The BIG Sports Shop
with the BIG names..**

**DUNLOP : SLAZENGER : FRED PERRY
WILSON : FILA : INTERSPORT : ADIDAS
SPEEDO : FASHION SWIMWEAR : SLIX
NELBARDEN : RASUREL : HOM : RR BUCK**

East Anglia's biggest and best choice for sports clothing and equipment.

MORE SPACE · MORE CHOICE · MORE SPORT

**HARPERS
SPORTS**
7-9 HEAD STREET, COLCHESTER. TEL: 65451



PHOTO MAT



The visit by Sheffield United to Layer Road, provided plenty of good football in which both midfields played important roles. Bobby Hodge above brings the ball away to set up another

attack on the Sheffield goal. Below, Benjamin and Kenworthy battle with Steve Dowman during a Sheffield United attack, Steve Wignall provides additional support.



CH GALLERY



Photographer: Tony Tasker

Sheffield United's attacking pressure during the first Home League Game finds U's Forward Ian Allinson back helping his defence. Above, Allinson attempts to block Sheffield's Lenny DeGoey.

One- Nil, a beautifully flighted corner headed on by Steve Dowman provides U's striker Trevor Lee with the Winning Goal (below) watched by Skipper Bobby Gough, Steve Dowman and Steve Foley.



Power Rewind & H M Ltd

WHITEHALL ROAD . COLCHESTER . CO2 8HA
Telephone: 71316/7 71581 Stores only 71166

ELECTRICAL AND MECHANICAL ENGINEERS AND DISTRIBUTORS



Data
Systems

PHILIPS

Electronic Accounting Systems, Office Computers,
Small Business Computers

Financial and Cash Receipting Systems

Computers that talk your language

PHILIPS DATA SYSTEMS

BRIAN MORGAN
ELEKTRA HOUSE, BERGHOLT ROAD
COLCHESTER, 0206 5115

National Inspection Council for
Electrical Installation Contracting



APPROVED CONTRACTOR

Ede & Wilkinson

Electrical Engineers and Contractors



The Electrical
Contractors' Association

Colchester 79756



CLUB NEWS

By the time we play Swindon tonight Micky Cook should have — all things being equal — broken Peter Wright's record appearances totalling 421.

Congratulations are in order and, at the same time, it's a splendid opportunity to remind you all of his testimonial. At the time of writing he's all set for a bumper match hopefully against West Bromwich Albion at Layer Road. The date pencilled in is Monday, Oct 16.

Well, Micky one of the loyalest and most enthusiastic players to ever wear a U's shirt, surely deserves a tremendous gate for such an attraction.

He has a number of events lined up for his well deserved testimonial and if they are as successful as a pre-season golf tournament at the Manifold Club then he's on the right course. That realised over £500.

In the immediate future make a note of a Disco sponsored by Phase One Records, at the Embassy Suite on Thursday October 11th, Admission is £1 and it's sure to be a lively event for the youngsters that should go really well. Dancing is from 8.00pm to Mid-night and a feature will be a disco competition. Micky and several of the lads will be there to help judge.

Later, next year on February 4, to be exact there is a Stag Night dinner at the Copdock International Hotel near Ipswich.

Micky is hoping that there will be a notable line up of star speakers including Essex cricketer, Ray East, and Brian Moore of London ITV among others.

Right at the end of the season there's a Cabaret-Buffer Dance at the Hall Barn, West Mersea when the U's seasonal awards are likely to be presented.

Other feature events and raffles are in the pipe line and we all ask you to support as many as you can.

They don't come any more professional or sincere than Micky Cook.

CONDUCTED TOURS AT LAYER ROAD

These proved very successful last season, so much so that we will be continuing the tours again, so if you are a Teacher, Youth Leader or Club Organiser and would like to bring a party (maximum 25 people) for an afternoon tour behind the scenes at Layer Road, meet the Manager and Players as well as seeing how "Your" Club is run:

Drop a line to Eddie Keegan at the Commercial Office and he will be pleased to fix a date.

LAYER RD. LARRY

No. 4 of a series

The Queen, the capacity Wembley crowd, millions of T.V. viewers and both linesmen see Alf 'Fingers' Smith deliberately pulling the opposing Captain's shorts just outside Smith's own penalty area. The ref also spots the incident and acts quickly. What does he do?

As holding an opponent is one of nine offences under LAW 12 the ref restarts the game with the award of a direct free kick

© MIKE TURNER CARTOONS

WANTED: Colchester United & Colchester Town Programmes - Home and Away.
M. G. Middleton, 20, Queen Mary Avenue, Colchester, Essex. Tel.: 62483.

ROMAN QUICKSILVER

An EXCITING NEW TICKET with so much MORE PLAY VALUE.

A ticket which enables everyone to earn extra money and at the same time win one of over 5000 cash prizes.

Win up to £1,000 instantly.

A Total of £4,000 must be won.

Colchester United wants urgently to improve its ground facilities and amenities for its supporters but with rising costs this can only be achieved if our lotteries are successful.

(HOW CAN YOU HELP?) Easy either by

- Becoming an agent earning 10% commission. Plus Agent's cash prizes.
- Spreading the word amongst your many friends at work and in the area you live. Two free home game main tickets for every agent you introduce who is accepted by the Club plus a "VERY SPECIAL PRIZE" for the person who introduces successfully the most agents in a season.

RING REG. JONES. DEVELOPMENT MANAGER NOW!
ON COLCHESTER 47754 - 72202

CRISS CROSS U's

£500

TO BE
WON
FOR
10p

COLCHESTER UNITED

CRISS CROSS U's

£500 TO BE WON!

TRIPLE CRISS CROSS U's PENALTY PRIZE SCORE DRAW










10p

WIN
WITH
THE
U's

BECOME AN AGENT RING REG JONES - 47754

POUND A GOAL

A special sponsors page for advertisers who will be sponsoring the 'U's'.
 £1 per goal for every goal scored at home during season 79/80. Every match we hope to add another sponsor so give our sponsors your patronage for supporting the 'U's'.

<p>G H & L M Flint Ltd 75 Crouch Street Colchester, Essex Tel: Col. 74977</p>	<p>HOMETUNE MOBILE ENGINE TUNING Clacton 812057</p>	<p>STAMPS (Ann & John Stevens) G.B. & World Stamps 6 Crouch Street, Colchester. 70417</p>	<p>C & C DISCOUNT HEATING 2/4 Harwich Road Colchester. 45970</p>	<p>PRIVATE COLLECTION Unique Gold and Silver Jewellery & Repairs 1 Red Lion Yard Colchester. 46461</p>	<p>COLCHESTER FIAT CENTRE Mersea Road Colchester. 72208</p>
<p>COLCHESTER SPORTS 31 St Botolphs St. For all your sports requirements Colchester 5382</p>	<p><i>Wishing U's a Golden Future</i> LUFAX LTD Sunroofs Rustproofing Col. 74927 & 43907</p>	<p>SILVER SPRINGS MOTEL Thorington 250366</p>	<p>RODNEY'S Gentlemen's Hairstyles 3 Queen Street Colchester. 72191</p>	<p>C & C DISCOUNT HEATING 2/4 Harwich Road Colchester. 45970</p>	<p>BACCUS & MAN JOHN Fashion Men's Wear 7 Sir Isaacs Walk Colchester 70386</p>
<p>MODERN APPLIANCES (COLCHESTER) LTD For Cleaner & Washer Spares 4 Eld Lane Colchester 77786</p>	<p>ZENITH WINDOWS LTD 1A Head Street Colchester 46564</p>	<p>HEADGATE TOY SHOP Toys at reasonable Prices Colchester 41155</p>	<p>SHOOT With a Camera from RON BAGLEY 32 Military Road Colchester 64142</p>	<p>M.C. WHOLESALE 12 Barrack Street Watches, Clocks Novelty Lines Fancy Goods Colchester 44619</p>	<p>T. & M. AUTO ELECTRICAL CO 1 Wimpole Road Auto Electrical Specialists Colchester 79490</p>
<p>SORATA LTD 43/51 Winnock Road Manufacturers of Quality Bathroom Accessories Colchester 45932</p>	<p>UNION JACK STORES 5 Winnock Road General Stores Cheap Bird Seed our Speciality Colchester 74300</p>	<p>EAT-A-LOT 156B High Street The People's Butcher Colchester 45410</p>	<p>LUCKINGS CARPET TILE CENTRE 164 Magdalen Street Colchester 73149</p>	<p>J. H. WATTS 2 Parsons Lane Hythe Hill Car Trimmer & Sun Roof Specialist Colchester 65166</p>	<p>THE ELMER PUBLICITY SERVICE 143 Hythe Hill Printing, Duplicating & Stationery Colchester 73240</p>
<p>RACHER & ROWLEY LTD 85/89 Barrack Street All Types of Flooring Colchester 5998</p>	<p>COLLIER & CATCHPOLE Builders Merchants 11 London Road Stanway Colchester 45151/2</p>	<p>GOLDING AUTOMATICS LTD Coin operated eqpt. Pool Tables, Machines for pubs and Clubs 26A Hythe Quay Colchester 64758</p>	<p>WHEELER'S Newsagent Tobacconists 9 Middleborough Colchester 74399</p>	<p>AAB MINICABS The Biggest & Best Colchester 76226 AAB (Vehicle Services) LTD 18 Osborne Street</p>	<p>MERRILL'S SERVICE 65836 SALES 73408 Hoover Service Centre 14 Eld Lane</p>
<p>ANGLIA SCALE MODELS LTD Colchester 65848 Clacton 23941 Chelmsford 354453 22 North Hill</p>	<p>PEVERIL HOTEL 51 North Hill Small, Comfortable Hotel Colchester 74001</p>	<p>F.G. BAKER 38 North Station Rd Shoes for the Family and repairs Colchester 66487</p>	<p>MASONS 47 East Hill TV Sales & Rental Colchester 77180</p>	<p>W & J TOMLINSON Family Butchers 20 East Hill Colchester 73808</p>	<p>THIS & THAT 4 Barrack Street Household Furniture & Bric-a-Brac Houses Cleared Good prices given Colchester 71420 after 6.00pm</p>
<p>EAST HILL ANTIQUES 50 East Hill Antiques bought or sold Colchester 78235</p>	<p>MICHAEL J LEE LTD Centurion House Men's Hair Design Colchester 76778</p>	<p>WALTHAMSTOW Building Society 35A North Hill District Manager K W EDWARDS Colchester 65311</p>			
					

Facts, Fixtures



and Results 79/80 Season

Opponent	F. A.	Gate	1	2	3	4	5	6	7	8	9	10	Sub.	
AUGUST														
Sat 11th WATFORD L.C. (11)	2-0	4638	WALKER	HOOK	WRIGHT	LESLIE	WIGNALL	DOWNMAN	HODGE (1)	GOUGH (1)	FOLEY	LEE	ALLINSON	BURKELL
Tue 14th WATFORD L.C. (21)	1-2	10951	WALKER	HOOK	WRIGHT	LESLIE	WIGNALL	DOWNMAN	HODGE	GOUGH	FOLEY	LEE	ALLINSON	HOWLES
Sat 18th HULL CITY	2-0	4465	WALKER	HOOK	WRIGHT	LESLIE	WIGNALL	PACKER	HODGE	GOUGH	FOLEY	LEE	ALLINSON	HOWLES
Tue 21st SHEFFIELD UNITED	1-0	4197	WALKER	HOOK	WRIGHT	LESLIE	WIGNALL	PACKER	HODGE	GOUGH	FOLEY	LEE	ALLINSON	HOWLES
Sat 25th Rotherham United	0-3	3728	WALKER	HOOK	WRIGHT	LESLIE	PACKER	DOWNMAN	HODGE	GOUGH	FOLEY	LEE	ALLINSON	HOWLES
Tue 28th ASTON VILLA L.C. (11)	0-7	8271	WALKER	PACKER	ROWLES	LESLIE	WIGNALL	DOWNMAN	HODGE	GOUGH	FOLEY	LEE	ALLINSON	BURKELL
Fri 31st SWINDON TOWN														
SEPTEMBER														
Wed 8th Aston Villa L.C. (21)														
Sat 8th CHESTERFIELD														
Sat 15th SHEFFIELD WEDNESDAY														
Tue 18th MANSFIELD TOWN														
Sat 22nd Grimsby Town														
Wed 26th League Cup Rod 3														
Sat 28th BARNSELEY														
OCTOBER														
Mon 1st Mansfield Town														
Fri 5th READING														
Tue 9th Southend United														
Fri 12th Southend United														
Fri 18th BLACKPOOL														
Tue 22nd WIMBLEDON														
Sat 27th Blackburn Rovers														
Wed 31st League Cup Rod 4														
NOVEMBER														
Fri 2nd HULL CITY														
Fri 9th Walsby														
Tue 6th Walsby														
Sat 10th Plymouth Arvy														
Fri 16th Plymouth Arvy														
Sat 24th Plymouth Arvy														
DECEMBER														
Sat 1st Millwall														
Wed 5th League Cup Rod 5														
Fri 7th CARLISLE UNITED														
Sat 14th FA Cup Rod 2														
Fri 21st Exeter City														
Wed 28th GILLINGHAM														
Sat 28th ROTTERHAM UNITED														
JANUARY '80														
Tue 1st Day														
Sat 6th CHESTER														
Sat 13th Oxford United														
Wed 16th League Cup Semi Finals														
Sat 18th CHESTERFIELD														
Sat 26th Swadon Town														
FEBRUARY														
Sat 2nd Sheffield Wednesday														
Fri 8th GRIMSBY TOWN														
Wed 12th League Cup Semi Finals														
Sat 16th SOUTHERN UNITED														
Fri 22nd SOUTHERN UNITED														
MARCH														
Sat 1st BARNOL														
Sat 8th BLACKBURN ROVERS														
Fri 14th Reading														
Sat 15th League Cup Final														
Sat 22nd BRENTFORD														
Sat 29th Plymouth Arvy														
APRIL														
Tue 1st EXETER CITY														
Sat 5th Gillingham														
Mon 7th BURY														
Sat 12th Chester (SF)														
Sat 19th MILLWALL														
Sat 26th Carlisle United														
MAY														
Fri 2nd OXFORD UNITED														

Home Ground

Steve Dowman tackles another brand new soccer season full of high ambition still. The popular back row strong man who has formed such a formidable alliance with Steve Wignall, has certainly matured both on and off the field.

As one of the most eligible of the U's bachelors, Steve has realised a sizeable personal ambition in acquiring for himself a bungalow. It's on the Parsons Heath estate and nearly all of Steve's spare time right now is taken up with painting and decorating. That's how cameraman Tony Tasker caught him the other night.

'I moved in just before we started training' says Steve. 'I got a bit fed up of being in digs. Not that I wasn't made very welcome but I fancied the idea of my own place; I see it as an investment'.

He sold his car to help towards the ambition and is progressing very nicely towards the luxury of owning his own pad.

He adds: 'My parents have been down from Romford and they have been giving me a hand; my dad, you know, never misses a match at Layer Road'.

Steve, by the way, is a pretty good handyman in looking after himself. Cooking? 'Well I can manage the basics' he says.

He has certainly come a long way since he crashed so sensationally into the League side from the reserves. He scored a goal with just about his first kick at Watford, remember?

He relaxes most by watching television. He especially likes all sorts of sport — athletics is one of his favourites — and he likes viewing movies.

He's quite a cinema fan also, and one of his preferences is for 'disaster' films of the 'Towering Inferno' and 'Posiedon Adventure' type. 'I simply lap up the suspense' he says.



When it comes to soccer he has no real superstitions but he has a routine of being in bed early the night before a match. Usually around 9pm would you believe?

If you want good reasons to save, we've got millions.

For over 100 years the Walthamstow Building Society has been steadily expanding, and today, with assets in excess of £60,000,000 we offer our full range of services to customers all over the country. But, whether you use our North London branches, or our Colchester office, you can be certain of a warm welcome, friendly, efficient service and the highly competitive interest rate that makes an account with the Walthamstow such an attractive proposition.

Add to this six days a week withdrawal facilities, absolute security — the Walthamstow is a member of the Building Societies Association, of course and the sort of personal service that's almost forgotten, and you'll soon see just a few of the reasons that make the Walthamstow the right choice for you.

WALTHAMSTOW
BUILDING SOCIETY

*Member of the Building Societies Association.
Authorised for Trustee Investment.*

Colchester: 35a North Hill, Telephone Colchester 65311
District Manager, K.W. Edwards, Esq



SponsorKit

SUPER U's FULL KIT £50

Town & Country League

£25 First & Second Strip Shorts & Shirts

£20 Boots & Socks

£10 Training Shoes

Ian Allinson	Mr. N Underdown 21 Inglis Road Colchester		
Ray Bunkell	Pennick & Bennett (Builders) Ltd 37B Church Road, Tiptree	Pennick & Bennett (Builders) Ltd 37B Church Road, Tiptree	Pennick & Bennett (Builders) Ltd 37B Church Road, Tiptree
Steve Dowman	Customers of The Silver Oyster Monkwick Estate Colchester	Customers of The Silver Oyster Monkwick Estate Colchester	Customers of The Silver Oyster Monkwick Estate Colchester
Paul Dyer			
Steve Foley			
Bobby Gough	E. J. P. (Engineers Supplies) Ltd 6 East Street, Braintree Essex	E. J. P. (Engineers Supplies) Ltd 6 East Street, Braintree Essex	E. J. P. (Engineers Supplies) Ltd 6 East Street, Braintree Essex
Bobby Hodge		Malcolm & Stephen Smith Braintree	Malcolm & Stephen Smith Braintree
Trevor Lee	Edith, Derek & Cathie Brightlingsea	Edith, Derek & Cathie Brightlingsea	Edith, Derek & Cathie Brightlingsea
Steve Leslie	Greaseaters Ltd Trinity House, Trinity Street Colchester	Greaseaters Ltd Trinity House, Trinity Street Colchester	Greaseaters Ltd Trinity House, Trinity Street Colchester
Mick Packer			
Eddie Rowles		Sidney Grice Top Rank High Street, Colchester	
Mick Walker			Victor Hawkins 11 Crouch Street Colchester
Steve Wignall	H. Gunton 81/83 Crouch Street Colchester		
Steve Wright			

The reserves, under Bobby Hunt, face a tough programme in the Town and Country League where competition is pretty hot. Last season's champions, Haverhill and runners-up Yarmouth, both started with wins on the opening day, and are bound to be pushing for honours.

Although they were beaten 2 - 1 at home to Ely City on their debut match, Tiptree United might be dark horses. Manager Mick Loughton once a great Layer Road favourite, is manager, and has ex-Colchester men in Terry Price and John Mansfield. New signings include Steve Austin from Heybridge and Dave Mandell, free-scoring striker from Chelmsford City.

We went down 3 - 1 to Yarmouth. It was a disappointing result for the youngsters played some highly attractive football, but lacked again that all-important finishing power. It's something that Hunt, a famed marksman in his career, is working on.

Much is expected of Russell Cotton and Gary Harvey, both of whom did well in pre-season games and both of whom have been in the League squad. Obviously one of the big factors is the youngsters having one or two established League men playing alongside them.

When the injury problems clear it will be a big fillip. The youth team under Roy Massey, have a Southern Junior Floodlight Cup game away to Cambridge United next week.

LEEEO

FOR

INDUSTRIAL AEROSOLS



Leeco 26 Maintenance Solution

Leeco 26 will displace moisture from all surfaces, descaling highly efficient corrosion inhibitors and water repellents which impart long-term protection against corrosion and moisture build-up. Leeco 26 cleans and lubricates and may be used on switch gear, micro switches, electrical equipment, ignition systems, moulds and any form of tooling of metal parts. By leaving a coating of Leeco 26 on any metal article the moisture dispersing agents will prevent corrosion over long periods. Used also as a cutting oil for machining non-ferrous metals to improve finish.

Net Contents: 14oz (398gms)

AND **Nu-Sil Silicone Spray**

Leeco 11 Non Silicone Spray

Leeco Freezing Spray

Leeco 29 Silicone Grease

Nu-Clean

LEEEO ASSOCIATES LTD

Factory No. 7 Industrial Estate West, Witham, Essex, CM8 3TG

Tel: 0376- 513844



Larry's Column

Drop Larry a line and
let him hear your views
on the 'U's'

This, of course, has to be written before knowing the result of the Villa match or the first League matches, as we go to press, very early. Nevertheless, I think I could take 6-4 on that there has been no lack of skill and excitement - the boys certainly looked good so far, let's hope that our old bug of injury to key players won't strike again this season. An unfortunate small club can't afford to have a string of reserves, like the "big boys", but, with your invaluable help and support, I still think this can be "our season", so let's be hearing you - without the cuss words please; I don't bother about them, but it isn't very nice and certainly doesn't help to gain "family support", which is something I think we should aim for.

Harking on that; I was somewhat shocked to read Laurie Cunningham's comments on the abuse coloured players have to suffer, not only biased fans, but also players. I feel this is quite disgraceful, and made me wonder whether our own Trevor Lee has to put up with this sort of thing, also whether any of our own players are amongst the guilty ones towards coloured opposition. I'd hate to think so, but there is no doubt that some of you supporter's aren't above jeering at a coloured opponent, which, frankly, sickens me. Very often it must sicken you too - as in the majority of cases the player concerned turns on a blinder, and nothing makes you then look more stupid, his face may be black, but your's is more likely to be red!

Wonder if I may stick my nose into this Layer Road residents business! I am truly sorry for anybody who bought a house here before any Football Club was formed, BUT, if people knowingly buy a house, knowing there is a ground there, how can they afterwards complain? It's like buying a house at the end of a Heathrow runway, and then complaining about the noise of aircraft engines! In both cases you've let yourself into it properly, so whose fault is it? Although I must admit, at Heathrow you are unlikely to get a gang of morons screeching their way past your property and hurling rubbish and tin cans over your garden wall.

Cheers, and "Up the U's".

Shop Talk

Available Now
Rosettes - 20p
Lapel Badges
(metal) - 40p

Comb & Nail
File sets - 25p
Car Stickers -
Square & Long - 20p
Sew-on Badges - 35p
Tee shirts - 99p
Mugs - 69p

Paddington Bears
- £1.25

Woollen Scarves
Printed Col. Utd
Blue, White, Red - £2.00
Red, White Blue - £2.00

Striped:
Blue, White & Red - £2.00
Red, White & Blue - £2.00
College Type - £2.00
Bobble Hats: Woollen
Blue & White - £1.00
Blue, Red & White - £1.00

KENT BLAXILL

HOME IMPROVEMENT CENTRE

One stop shopping for all this and expert advice too!

- * DOUBLE GLAZING
- * REPLACEMENT WINDOWS
- * WALLPAPERS & PAINTS
- * FIRES & FIRE SURROUNDS
- * KITCHENS & BATHROOMS
- * TOOLS & EQUIPMENT
- * IRONMONGERY



FROM A10 A102 & A104
TURN OFF 2 MILLS BRIDGE
COLCHESTER AND FOLLOW
SIGNED ROUTE TO MERSEA



LAYER ROAD · COLCHESTER · TEL: 5171

LEAGUE DIVISION III TABLE AS AT 30th AUGUST 1979

	P	W	D	L	F	A	Pts
Chester	3	2	1	0	7	4	5
Chesterfield	3	2	1	0	7	4	4
Blackburn	3	1	2	0	5	2	4
Grimsby	3	2	0	1	9	7	4
Southend	2	2	0	0	2	0	4
Millwall	3	1	2	0	4	3	4
Rotherham	3	2	0	1	6	6	4
COLCHESTER	3	2	0	1	3	3	4
Oxford	2	1	1	0	7	3	3
Swindon	3	1	1	1	5	2	3
Sheffield United	3	1	1	1	3	3	3
Sheffield Wednesday	3	1	1	1	3	3	3
Carlisle	3	1	1	1	2	2	3
Wimbledon	3	1	0	2	4	4	2
Bury	3	1	0	2	3	3	2
Mansfield	3	1	0	2	5	6	2
Plymouth	3	1	0	2	2	5	2
Hull	3	0	2	1	4	4	2
Reading	3	0	1	1	2	4	2
Blackpool	3	1	0	2	5	8	2
Barnsley	3	1	0	2	2	5	2
Exeter	3	0	0	2	2	7	2
Gillingham	2	0	1	1	3	3	1
Brentford	2	0	1	1	2	6	1

VITAL VOUCHERS



Collect these vouchers each match from your programme. We call them Vital vouchers and they can be too! The vouchers will be needed when it comes to allocation of the tickets for the big Internationals and the F.A. Cup Final



MATCH



BALL

We extend our sincere thanks to GREASEATERS LTD WHITEHALL ESTATE COLCHESTER for donating the match ball for tonight's game

This is Micky Cook's Testimonial year, he has given the U's his best, let us show our support.



Home or away..... for the best in travel

CONTACT

G. Powell

7 Culver Street West
Colchester CO1 1PL
Essex
Tel: (0206) 77961/2



MARKS TEY

A.A.★★★R.A.C.

HOTEL

For your Accommodation, Conference & Banqueting requirements

106 Bedrooms

Banqueting 160

MARKS TEY COLCHESTER ESSEX CO6 1DU

Telephone Colchester 210001

Telex 987176



EVENING GAZETTE

Martin Smith - FIRST WITH THE U's NEWS

Colchester United BLUE & WHITE

- 1 MIKE WALKER.....
- 2 MIKE PACKER.....
- 3 EDDIE ROWLES.....
- 4 STEVE LESLIE.....
- 5 STEVE WIGNALL.....
- 6 STEVE DOWMAN.....
- 7 BOBBY HODGE.....
- 8 BOBBY GOUGH.....
- 9 STEVE FOLEY.....
- 10 TREVOR LEE.....
- 11 IAN ALLINSON.....
- 12 RAY BUNKELL.....

OFFICIALS

REFEREE
R.S. LEWIS
Great Bookham




LINESMEN
Red Flag
K.A. MILLER
Epping

Yellow Flag
V.C. ROPER
Norwich

Swindon Town RED & WHITE

- 1 JIMMY ALLAN.....
- 2 JOHN TEMPLEMAN.....
- 3 ANDY FORD.....
- 4 RAY McHALE.....
- 5 BILL TUCKER.....
- 6 KENNY STROUD.....
- 7 IAN MILLER.....
- 8 ROY CARTER.....
- 9 ANDY ROWLAND.....
- 10 ALAN MAYES.....
- 11 BRIAN WILLIAMS.....
- 12 BRYAN HAMILTON.....



ESSEX COUNTY STANDARD



Howard Walker - 20 YEARS REPORTING THE U's